

Women's Health

Our Women's Health team aims to educate, promote screening and case manage patients for preventative screenings for Breast Health and Cervical Health. Women's Health and education provided at other selected community events.

Health Education

Provides community and staff education through hands-on learning for First Aid, CPR and AED. Promotes community healthy heart awareness, provides fitness education to the After School Program along with other community events.

Fitness Center

Open to Nimkee eligible patients, SCIT/SECR employees, and SCIT college students. Consultations, group classes and one-on-one personal training are offered for free.

989.775.4690

NF Nimkee *Fitness*



Public Health Mission Statement

The Mission of Nimkee Public Health is to seek and utilize resources appropriately and to address wellness needs of the Tribal community.

We promote healthy lifestyles through a comprehensive approach of prevention, education, treatment and outreach.

To provide current medical standards of care which are met in the culturally sensitive and respectful manner.




Nimkee
Memorial Wellness Center



 2591 S. Leaton Rd.
Mt. Pleasant, MI 48858

 **Phone:** 989.775.4695

 **Fax:** 989.775.4659



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Public Health

www.sagchip.org/nimkee

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Public Health Contacts

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Emergency Preparedness | 989.775.4638

Jasmine Gonzalez

Community Health Representative | 989.775.4629

Melissa Bailey

Healthy Start Maternal Child Nurse | 989.775.4621

Available Services to Nimkee Patients



Optical

Mondays, Tuesdays & Thursdays
8:30 a.m. - 3 p.m.

In-house optical program that provides screenings, diabetic dilation, contacts, glasses, etc. services to those who are Nimkee eligible patients.

Maternal Child

Interested in your child's development or behaviors? We can help with screenings and parenting education. Classes available for parents or caregivers of children ages birth to teen.

Healthy Start

Our maternal child health program offers prenatal and post-partum care and education with free labor and delivery classes, free Baby Basics and parenting classes. We do home visits and office visits, as well as labor support, hospital antepartum and breastfeeding education (lactation support). Healthy Start also offers these services during the pregnancy and 6 weeks after delivery if either parent is a member of a Federally recognized tribe.

Elder's Services

Disease prevention, adult immunizations, flu clinics and tuberculosis testing clinics are offered. Home safety information, medication assistance and evaluations are available for elders also.

CHR's

Community Health Representatives are personal liaisons for patient community services.

COVID-19/Flu Vaccinations

Nimkee Public Health offers both COVID-19 & Flu vaccine clinics for Nimkee patients, tribal community members and employees of the Saginaw Chippewa Indian Tribe. COVID-19 vaccines are currently being offered year around to help prevent the spread of Coronavirus during the COVID-19 pandemic. Seasonal Flu Vaccine Clinics are typically offered through October-February For more information please call (989) 775-4695.

Diabetes

We offer the following services for those who are eligible for care at Nimkee and have a diagnosis of metabolic syndrome, pre diabetes and Type 1 and Type 2 diabetes. Glucose monitors, diabetes education, insulin instruction and follow up, group education, foot care, Retinopathy evaluation (JVN), insulin pump education, wound care consulting and treatment, and blood pressure home monitors (with doctors' orders.)

Emergency Preparedness

Community education on preparing for an emergency or disaster situation, community risks, potential loss and planning ideas. With the Tribal community as the focus of the teaching, both written and hands-on training is provided to the community.

Transport Services

Medical appointment transports and medication delivery by appointment. Please contact 989.775.4695 for more information